SEC For	m 4 FORM	_														
	UNITEDS	NITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB APPROVAL				
Section obligat	this box if no lo 16. Form 4 or ions may contin tion 1(b).	onger subject to Form 5 nue. <i>See</i>	-iled pur	NT OF CHANGES IN BENEFICIAL OWNERS								OMB Number: 3235-0287 Estimated average burden hours per response: 0.5				
1. Name and Address of Reporting Person [*] Parschauer Karah Herdman					2. Issuer Name and Ticker or Trading Symbol <u>Tenaya Therapeutics, Inc.</u> [TNYA]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify			wner	
	(Last) (First) (Middle) C/O TENAYA THERAPEUTICS, INC. 171 OYSTER POINT BLVD., 5TH FLR.				3. Date of Earliest Transaction (Month/Day/Year) 12/22/2021							Difficer (give title Other (specify below) below)				
(Street) SOUTH SAN FRANCISCO CA 94080				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	tate)	rivativ	tive Securities Acquired, Disposed of, or Benefic							cially Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ansactio	ction 2A. Deeme Execution		ed Date	3. 4. Securit Transaction Disposed Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and		5. Amour Securitie Beneficia Owned F	Form ly (D) o	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code V	Amount	(A) o (D)	r Price	Reported Transact (Instr. 3 a	ion(s)		(Instr. 4)	
		-	Table II - Deri (e.g.					uired, Dis , options,				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	y Direct (D) or Indirec (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$20.99	12/22/2021		A		19,495		(1)	12/22/2031	Common Stock	19,495	\$0.00	19,495	D		

Explanation of Responses:

1. 1/36th of the shares subject to the option shall vest and become exercisable on January 22, 2022 and 1/36th of the shares subject to the option shall vest monthly thereafter provided that the Reporting Person remains a service provider to the Issuer on each vest date.

Remarks:

/s/ Leone Patterson Attorney-12/23/2021 in-Fact for Karah Parschauer ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.