FORM 4

UNITED S

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

STATES SECURITIES AND EXCHANGE COMMISSION	JN
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OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended.
to satisfy the affirmative defense
conditions of Rule 10b5-1(c). See
Instruction 10.

1. Name and Address of Reporting Person* Parschauer Karah Herdman				2. Issuer Name and Ticker or Trading Symbol Tenaya Therapeutics, Inc. [TNYA]							(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Parschauer Karan Herdman												1	// Directo		10% Owne		
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/18/2024								Officer (give title Other (sp below) below)				pecify
C/O TENAYA THERAPEUTICS, INC.					10/10/2	2024											
171 OYS	STER POIN	T BLVD., 5TH	FLOOR	-													
(Street) SOUTH SAN FRANCISCO CA 94080				4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)														
		Tal	ole I - Non-l	Derivat	ive S	ecuritie	s Ac	quired,	Dis	posed o	f, or Ber	neficiall	y Owned				
Date				2. Transact Date Month/Day	Execution Date,		Code (Instr. 5)				5. Amour Securitie Beneficia Owned F	s ally ollowing	6. Ownersh Form: Dire (D) or Indir (I) (Instr. 4)	et li ect E	. Nature of ndirect eneficial ownership		
								Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			Instr. 4)
			Table II - Do (e							osed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Cod	saction e (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Own Forn Direc or In (I) (Ir	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirec Beneficia Ownershi (Instr. 4)	
				Cod	e V	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to buy)	\$2.04	10/18/2024		А		34,000		05/31/2025	(1)	10/17/2034	Common Stock	34,000	\$0	34,000		D	

Explanation of Responses:

1. Option granted pursuant to the Tenaya Therapeutics, Inc. 2021 Equity Incentive Plan. Option will vest in full May 31, 2025, or, if earlier, the day immediately before the date of the next annual meeting of stockholders that occurs after the grant date, subject to the Reporting Person continuing to be a service provider to the Issuer through each applicable vesting date.

/s/ Jennifer Drimmer Rokovich,

Attorney-in-Fact

** Signature of Reporting Person

Date

10/21/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.